1. **Blueprint Skala Stres Kerja 1**

|  |  |  |  |
| --- | --- | --- | --- |
| **No.** | **Dimensi** | **Item** | **Jumlah** |
| 1. | Job itself | 1,2,3,4 | 4 |
| 2. | Role management | 5,6,7 | 3 |
| 3. | Interpersonal relationships | 8,9 | 2 |
| 4. | Organization Style | 10,11,12 | 3 |
| 5. | Career Development | 13,14,15 | 3 |
| 6. | Family Work Conflict | 16,17,18 | 3 |
| Total Item | | | 18 |

1. **Blueprint Skala Stres Kerja 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Aspek** | **Favorable** | **Unfavorable** | **Jumlah** |
| 1. | Gejala fisiologis | 1,2,3,4,5,6,7 | - | 7 |
| 2. | Gejala Psikologis | 8,9,12,13,14,15,18 | 10,11,16 | 10 |
| 3. | Gejala Perilaku | 17, 20,22,23 | 19 | 5 |
| Total Item | | 18 | 4 | 22 |